Keywords: Parents Old Age Weakness Care



Majlis Ugama Islam Singapura Friday Sermon 14 November 2025 / 23 Jamadilawal 1447H Attaining Paradise Through Our Parents

ٱلْحَمْدُ لِلهِ ٱلذِي هَدَانَا إِلَى طَرِيقِ الإِيمَانِ، وَمَنحَ فِي صُلُوْرِنَا السَّكِينَةُ وَالاَطْمِئْنَانَ. أَشْهَدُ أَنْ لَا إِلَه إَلَا ٱللهُ وَحْدُهُ لَا شَرِيكَ لَه، وَأَشْهَدُ أَنَّ سَيِدَنَا عُجَّمَدًا عَبْدُه وَرَسُولُه. ٱللهُمَّ صَلِّ وَسَلِّمْ عَلَىٰ سَيِدِنَا مُحَمَّدٍ وَعَلَىٰ آلِه وَأَصْحَابِهِ أَجْمِعِينَ. أَمَا بَعْدُ، فَيا عِبَادَ ٱللهِ، ٱتُقوا ٱلله حَقَّ تُقاتِه، فَقَدْ فَازَ الْمُتَقُونَ.

Dear blessed congregation,

Have taqwa and be mindful of Allah s.w.t. Obey His commands and avoid His prohibitions. Remember that this world is temporary, and that the Hereafter is eternal. Strive to attain paradise by earning the pleasure of our **parents** and ultimately Allah s.w.t. May Allah protect us from all forms of harm and guide us towards the doors of piety. Amin, ya Rabbal 'Alamin.

My dear brothers,

Allah s.w.t. says in surah Ar-Rum, verse 54:

Which means: "It is Allah Who created you in a state of weakness, then developed your weakness into strength, then developed your strength into weakness and old age. He creates whatever He wills. For He is the All-Knowing, Most Capable."

Brothers, let us reflect upon the profound meaning of this verse. By Allah's grace, we begin our journey of life as **weak** and helpless beings. By His grace, we grow and gain strength, and by His grace, we are humbled once again as we **age** and become **weak**.

Today, some of us may still be filled with the energy and vigour of youth, while others have begun to lose the strength they once possessed.

For those whose **parents** are growing **older**, take a moment to recall their faces ten years ago, and compare them to how they look today. We may notice the signs of aging that have appeared gradually. Their bodies may have grown frail, their hair have turned white, and some even going through moments of forgetfulness.

These signs of aging remind us of the fleeting nature of this worldly life. Yet, they also remind us of the immense opportunity to earn our **parents'** pleasure while they are still with us.

Dear brothers,

As our parents age, we must adjust our lives to care for them

according to their changing needs and conditions. We must

prepare ourselves to ensure that they receive the best care

possible. Today's khutbah shares four practical ways to express

our love and genuine concern for our aging parents. May it be

beneficial.

Firstly: Ensure a safe home environment

To ensure their safety and well-being, make small adjustments

to their living space. Installing handrails, non-slip mats in

bathrooms, or similar aids can reduce the risk of falls and

injuries. Ensure that pathways in corridors and rooms are clear,

and place essential items within easy reach.

Secondly: Nurture their spiritual well-being

Beyond physical comfort, we must also safeguard their spiritual

health. For example, a clock that plays the call to prayer can

remind them of solat and help them stay connected to worship.

We can also download the Qur'an, selected hadith, daily

supplications, or their favourite religious lectures on their devices

or TV, so that their hearts remain alive in remembrance of Allah

swt

Thirdly: Bring the world to them

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As our **parents age**, their mobility often becomes limited. Therefore, it is upon us to bring the outside world to them. Visit them regularly, show our genuine affection, and ensure they feel valued and remembered.

Also, help them reconnect with friends, whether through physical gatherings or online meetings, so they can remain active in their social lives and experience the warmth of companionship.

Encourage them to use digital devices responsibly and join online classes or light activities that suit their interests. Our **parents** deserve to remain active and to experience the sense of purpose in life, even as they grow **older** and less able to go out frequently.

Fourth: Be attentive to their overall well-being

Caring for elderly **parents** requires proactive attention. For example, prepare a daily or weekly checklist, such as managing medication and meals, to ensure nothing is overlooked.

Use simple health-monitoring tools like pulse or blood pressure devices, which can offer peace of mind for the family. Arrange regular appointments with doctors or healthcare specialists, and assist them in getting there if necessary. If additional support is needed, consider engaging a caregiver to ensure they receive proper attention and **care**.

Dear blessed congregation,

The Prophet s.a.w. said that which means: "Doomed is he, doomed is he, doomed is he." When asked "Who, O Messenger of Allah?" He replied: "The one who finds both, or either of his parents in their old age, but does not enter Paradise." (Narrated by Muslim)

Why did the Prophet s.a.w. say this? Because **parents**, particularly in their **old age**, are like a river of blessings continuously flowing towards us. All we need to do is serve them with love and **care**, and the rewards come easily.

My beloved brothers,

Once, our **parents** held our hands as we learned to walk. One day, we may find ourselves holding their hands, guiding them with the same tenderness. Once, they fed us when we were hungry; one day, we may feed them with the same love and mercy.

When that time comes, remind them how valuable they are in our lives, how much goodness they have bestowed upon us, and how deeply we love them. Ensure they feel appreciated and cherished, for time will pass, and these moments will one day become our most precious memories.

May Allah grant us the strength to honour them as they deserve, and may He gather us and our **parents** with our loved ones in the highest of paradise, where we will never have to part again. Amin, ya Rabbal 'Alamin.

أَقُولَ قَوْلِي هَذَا وَأَسْتَغْفِرُ الله العظِيم لِي وَلَكُمْ، فَاسْتَغْفِرُوهُ إَنَّهُ هُو الْغُفُورُ الله العظِيم لِي وَلَكُمْ، فَاسْتَغْفِرُوهُ إَنَّهُ هُو الْغُفُورُ الله الرَّحْيم.

Second Sermon

الحُمْدُ للهِ خَمْدًا كِثِيرًا كُمَا أَمَر، وَأَشْهَدُ أَن لَا إِلَه إِلَا الله وَحْدُه لَا شَرِيكَ لَه، وَأَشْهَدُ أَنَّ سَيِّدَنا ثُحَمَّمَدًا عَبْدُه وَرَسُولُه. الَّالُهُمَ صَلِ وَسَلِّم عَلَى سَيِّدِنا ثُحَمَّمِد وَعَلَى آلِه وَأَصْحَابِه أَجْمِعِين. أَمَا بَعْدُ، فَيا عِبَادَ الله، اِتَقُوا الله تَعالَى فِيمَا أَمَر، وَانتُهُوا عَمَّا فَاكُم عَنْهُ وَزَجَر.

ألا صُلُوا وَسَلِمُوا عَلَى الَّنِيِّ الْمُصْطَفَى، فَقَدْ أَمَرَنا الله بِلَالِكَ حَيْثُ قَالَ فِي كِتَابِهِ الْعَزِيزِ: إِنَّ الله وَمَلَائِكَتُهُ يُصَلُّونَ عَلَى الَّنِيِّ يَا أَيْهَا الَّذِينَ ءَامُنوا صُلُوا عَلَيهِ وَسَلِمُوا تَسْلِيمًا. اللهُ عَملٍ وَسَلِمْ وَبَارِكْ عَلَى سَيِدِنا مُحَمَّدٍ وَعَلَى سَيِدِنا مُحَمَّدٍ وَعَلَى آلِ سَيِدِنا مُحَمَّدٍ وَعَلَى آلِ سَيِدِنا مُحَمَّدًا وَعَلَى آلِ سَيِدِنا مُحَمَّدًا.

وَارْضَ الَّالُهُمَّ عَنِ الْحَلَفَاءِ الرَّاشِدِينَ المَهْدِينَ سَادَاتِنَا أَبِي بَكْرٍ وَعُمَر وَعُثَمَانَ وَوَرْضَ اللَّهُمَّ عَنِ الْحَلَفَاءِ الرَّافِينَ اللَّهُ وَالْتَابِعِينَ، وَتَابِعِينَ، وَعَنَا مَعُهُم وَعَلِيّ، وَعَن بَقَية الصَّحَابِة وَالْقُرَابِة وَالْتَابِعِينَ، وَتَابِعِي الْتَابِعِينَ، وَعَنَا مَعُهُم وَعَلِيّ وَعَن بَقَية الصَّحَابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي الْتَابِعِينَ، وَعَن بَقَية الصَّحَابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي الْتَابِعِينَ، وَعَنا مَعُهُم وَعُرَابِهُ وَالْقُرابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي الْتَابِعِينَ، وَعَن بَقَية الصَّحَابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي النَّالِعِينَ، وَعَن بَقَية الصَّحَابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي النَّالِعِينَ، وَعَن بَقَية الصَّحَابِة وَالْقُرابِة وَالْتَابِعِينَ، وَتَابِعِي النَّالِعِينَ الْعَلْمَ وَالْتُوالِعِينَ اللَّهُ وَالْتَوْمِ اللَّهُ اللَّالِعِينَ اللَّهُ اللَّهُ اللهُ اللَّهُ اللَّهُ اللَّهُ اللهُ اللهُ

الَّالُهُمُّ اغْفِرْ لِلمُؤْمِنِينَ وَالْمُؤْمِنِينَ وَالْمُؤْمِنِينَ وَالْمُوْلِمِينَ وَالْمُسْلِمَاتِ، الْأَخْيَاء مِنْهُم وَالْأَمْوَاتِ. اللَّهُمَّ ادْفَعْ عَنَا الْبَلاء وَالْوَبَاء وَالْرَّلَازِلَ وَالْمَحَن، مَا ظَهَر مِنْهَا وَمَا بَطَن، عَن بَلَدِنا خَاصَّة، وَسَائِرِ البُلْدَانِ عَامَة، يَارَبُ الْعَالِمِين. اللَّهُمَّ انْصُرْ إِخْوَانَنا المُسْتَضْعَفِيْنَ فِي عَرَّة وِفِي فِلسَّطِينَ وِفِي كُلِ مَكَانٍ عَامَة، يَا رُبُ الْعُلَمَ مَلِاللَّهُم بَدِلْ خَوْفَهُمْ أَمَنا، وَحُرْنَهُمْ فَرُحًا، وَهَمُهُمْ فَرُجًا، يَا رُبُ الْعَالِمِين. اللَّهُمَّ بَدِلْ خَوْفَهُمْ أَمَنا، وَحُرْنَهُمْ وَالأَمْن وَالأَمْان وَالأَمْان وَالأَمْن وَالأَمْان وَالأَمْان

ِلْلَعَالِمُ كُلِّهِ وَلِلَّنَاسِ أَجْمِعِينَ. رَّبَنَا آتِنَا فِي اللَّدُنَيا حَسَنَةً، وَفِي الآخِرَة حَسَنَة، وَفِي الآخِرَة حَسَنَة، وَقِي الآخِرَة حَسَنَة، وَقِيا عَذَابَ الَّنَارِ.

عَبادَ الله، إِنَّ الله يَاْمُر بِالعَدْلِ وَالإِحْسَانِ وَإِيَتاء ذِي الْقُرْبَى، وَيَنْهَى عَنِ الله الله العظيم الفَحْشَاء وَالْمُنْكُرِ وَالْبُغْيِ، يَعِظُكُمْ لَعَلَّكُمْ الله كُرُونَ، فَاذْكُرُوا الله العظيم يَذْكُوكُمْ، وَاشْكُرُوهُ عَلَى نِعِمِه يَزِدْكُمْ، وَاسْأُلُوهُ مِن فَضْلِه يُعْطِكُم، وَلَذِكْر الله يَعْطُكُم، وَالله يَعْطُكُم، وَالله يَعْلَمُ مَا تَصْنَعُونَ.